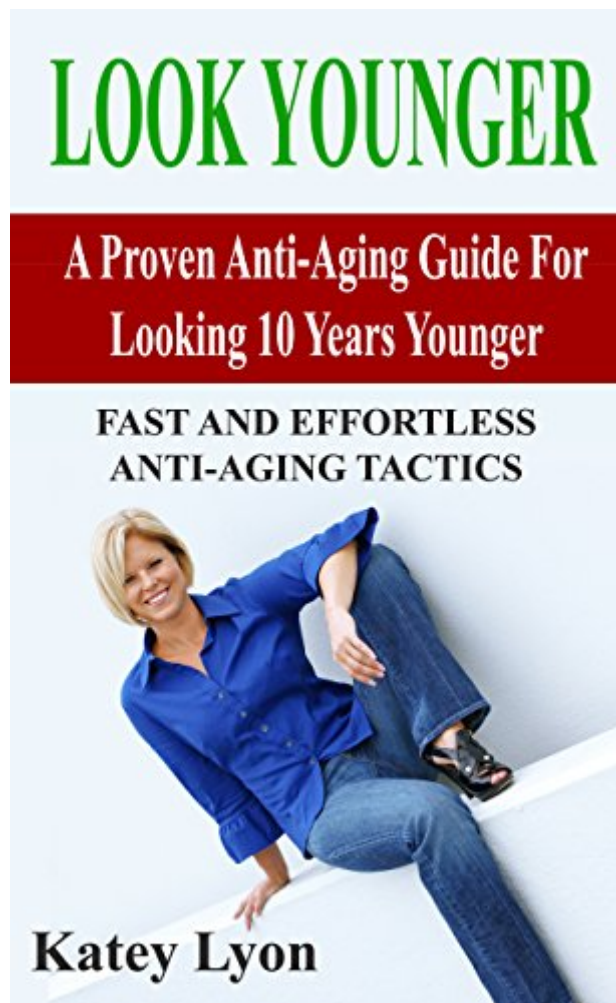


The book was found

Look Younger: A Proven Anti-Aging Guide For Looking 10 Years Younger: Fast And Effortless Anti-aging Tactics



Synopsis

Introduce me to anyone who does not wish they look 10 years younger, and I will show you a pig, flying over the statue of liberty, singing âˆ“The Star-Spangled Banner.’ I am confident you wonâ€™t find anyone, but just in case, Iâ€™ll make sure the pig wears a polka-dot waistcoat. While it may be frustrating not being able to click on an app that changes your appearance into one that would cause Brad Pitt or Julia Roberts to be green with envy, you can take advantage of those things that do come under your control. If you apply yourself to the advice offered in this book - using just a little self-discipline âˆ“ you can help yourself to look significantly younger than you really are. This book will be your guide, looking at how you can begin to make adjustments to the following dynamics of your life: Your body Self-image Self-improvement Self-discipline I hope you enjoy this anti-aging guide and the ways in which we can learn new habits, attitudes, and tips to ensure we look 10 years younger.

Book Information

File Size: 181 KB

Print Length: 32 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 15, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01KI3WD8A

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,004,412 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #143

in Â Books > Health, Fitness & Dieting > Aging > Beauty, Grooming & Style #830 in Â Kindle Store

> Kindle eBooks > Health, Fitness & Dieting > Personal Health > Aging #1892 in Â Kindle Store >

Kindle eBooks > Health, Fitness & Dieting > Beauty, Grooming, & Style

[Download to continue reading...](#)

Look Younger: A Proven Anti-Aging Guide For Looking 10 Years Younger: Fast And Effortless

Anti-aging Tactics Anti Aging: Stop That Clock: 55 Anti Aging Hacks To Stay Young Forever (Anti

Aging Diet, Anti Aging Secrets, Anti Aging Drugs) (Fitness Book 1) Anti-Inflammatory Diet: Beginner's Guide with XL Granny's Recipes (Anti Inflammatory Cookbook, Anti Inflammatory Diet Cookbook, Anti-Inflammatory Recipes, Anti Inflammatory Books, Anti-Inflammatory Diet) Anti Inflammatory Diet: The Ultimate Guide to Looking 10 Years Younger, Having More Energy and Less Pain (Diet Therapy Diet Therapy Guide, Diabetes 101, Diabetes Guide,) Style: The Lady's Guide to French Style, Fashion and Beauty- Get Dressed to Look Charm and Elegant (French Chic, Sense of Style, Style, Style Books, Style ... Dressed, Look Hot, Look Fabulous Book 1) Effortless Kodi (XBMC) Installation with Raspberry Pi 2 and 3: The Only Raspberry Pi 2 / 3 Kodi (XBMC) Step-by-Step Installation Guide You Will Ever Need Effortless Outfits: The Men's Guide to Matching Clothes for Powerful Impression in Personal and Professional Life Anti Inflammatory Diet: Guide to Eliminate Joint Pain, Improve Your Immune System, and Restore Your Overall Health (anti inflammatory cookbook, anti inflammatory ... recipes, anti inflammatory strategies) The Power Of Intermittent Fasting: Discover Effortless Abs Diet giving you greater Mental toughness, quick Fat Loss and no Cardio, enabling Lean Muscle-Building!: Abs workout for lean belly included! Anti Inflammatory Diet: 5 Week Anti Inflammatory Diet Plan To Restore Overall Health And Become Free Of Chronic Pain For Life (Top Anti-Inflammatory Diet Recipes, Anti Inflammatory Diet For Dummies) Get Younger Looking Skin Naturally: Advanced Skin Care (Aging, Skin problems, Eating for Beauty, Skin Care Routine, Skin Products, How to Age Well, Nails, Hair, Skin) Easy Rice Cooker Cookbook: Surprisingly Effortless Recipes You Can Make With a Rice Cooker Chess: Tips, Tactics And Strategies: (Beginners, Tactics, Strategies, End Game, Openings) Tactics Training - Mikhail Tal: How to improve your Chess with Mikhail Tal and become a Chess Tactics Master Cheating Father Time: 77 Anti-Aging Hacks to Stop the Clock and Live a Longer, Healthier and More Fulfilling Life: (Build the Habits to Age with Grace and Become Sharper & Stronger by the Year!) Anti-Inflammatory Diet: The Ultimate Beginners Guide to Eliminate Body Pain and Restore Your Overall Health By Eating Foods Designed For You (Anti-Inflammatory ... Pain Free, Anti-Inflammatory Recipes) Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan Book 2) Engine Out Survival Tactics: Fighter Pilot Tactics for General Aviation Engine Loss Emergencies Decisiones: A look inside the legal battle between Salsa music legends Willie Colon and Ruben Blades, and an Iraq War Veteran caught in the middle, fighting for his honor and reputation. The Age Fix: A Leading Plastic Surgeon Reveals How to Really Look 10 Years Younger